Self-assessment of Presentation Skills

(It is for your own reference only and you NEED NOT return)

1. I feel confident to speak in front of audience.  
   Strongly Agree: 1 2 3 4 5 6

2. My speech has good structure, i.e. good opening, body and ending.  
   Strongly Agree: 1 2 3 4 5 6

3. I can deliver a message through a speech effectively.  
   Strongly Agree: 1 2 3 4 5 6

4. I can choose the right words and sentence structure to communicate my ideas clearly, accurately and vividly.  
   Strongly Agree: 1 2 3 4 5 6

5. I have made good use of body language (includes smile, gesture, posture, etc.)  
   Strongly Agree: 1 2 3 4 5 6

6. I have good vocal variety in my speech (includes voice volume, fluency, pauses etc.)  
   Strongly Agree: 1 2 3 4 5 6

7. I can support my points with statistics and facts.  
   Strongly Agree: 1 2 3 4 5 6

8. I can make effective use of visual aid, e.g. props, powerpoint, etc.  
   Strongly Agree: 1 2 3 4 5 6

9. I can persuade listeners to adopt my viewpoint or ideas or to take some action successfully.  
   Strongly Agree: 1 2 3 4 5 6

10. I can inspire the audience to achieve a higher level of beliefs or achievement.  
    Strongly Agree: 1 2 3 4 5 6

"Rome was not built in one day".  
Identify your goals and achieve them one by one!