

All Write

2018-2019

Fung Kai Liu Man Shek Tong Secondary School鳳溪廖萬石堂中學

see updates at www.fklmstss.edu.hk

### **Speaking of Speaking**

Lee Chun-kit may be common as a name itself, but in the student community at Fung Kai Liu Man Shek Tong Secondary School, it denotes achievements that are far from common.

Being an ordinary S.5 student on the outside – of average build and height with a boyish hairstyle – Lee however demonstrates great talent for public speaking and has held the championship in the Hong Kong Schools Speech Festival for the past three years in a row. (To be continued on P. 10)

### **English Festival 2019**

The most memorable activity for all students in March was English Festival. It was held on March 12-14 at school. The purpose of it was to encourage students to learn English in a fun way.

This year, the theme was legends, myths and fairy tales. There were eight game booths, including iPad games, Hopscotch and Bow & Arrow, etc.

(To be continued on P. 6)

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# **School happenings**

# Sports Day: Expected the Unexpected!



This year our school annual Sports Day was held on 12<sup>th</sup> and 13<sup>th</sup> September at Tai Po Sports Ground. I am sure it was an unforgettable one to most of us.

First, it was the first time we had this event in September the beginning of a new academic year! Can you imagine how much time teachers and students could have to prepare for it?

Second, it took place at Tai Po Sports Ground, not North District Sports Ground (we were informed that the track and field facilities at North District Sports Ground would be closed from March 1 to November 30 for renovation works). Thanks to our teachers who briefed us how to get there, we did not get lost.

Third, here comes the most exciting part...

The first day of our Sports Day, the sun was shining, and the sky was clear. Most of the time, I was a prefect doing my job, like making sure our schoolmates followed the rules. When I was not on duty, I usually watched the competitions. It was so relieving just being out of school and having a day or two with my class enjoying the races, or just having a chat. However, all good things came to an end when I saw a lightning strike from the sky. I asked the teachers if there were any bad weather conditions. They said, "The no. 3 typhoon signal is on.' Soon after that, an announcement was made to all students, 'The afternoon section will be cancelled.' It was 12:30 p.m. We were told to leave the sports ground and go home. It was so disappointing.

The next day, we went to the site with hope though the sun was not out. It did not rain at the beginning. So, we continued our fun. Well, that was what we thought at least.

Unfortunately, the storm came across and visited us again. The



school had no choice but to cancel the Sports Day (it was about 10: 30 a.m.). Yes, it was a difficult decision to make. However, we were all glad it was held a bit during the day. It ended with a prize giving ceremony where medals, cheers and applause were given to all athletes and winners. We were still given a chance to watch the dancing performances from the cheering teams. It turned out not so bad, if you could remember what happened after the next few days.

### 4B Leung Man Kit

### **English Speaking Day**

English Speak Day is held every Day 4. Its purpose is to encourage students to use English more in daily life and to speak English without fear.

Every cycle, students are asked to answer simple questions on a recent event and then have an English conversation with their teacher.

English game booths are also held in the tuckshop and at the car park area. These stalls, which are run by the English Society members, interest students to use English that is related to their daily lives.

It was fun to see my schoolmates practise their English skills. I love learning English. I will carry on practicing and improve my English.



2C Ho Ka Yi

### Salom Yiu's Visit



On October 3, Yiu Kam-shing, Salom, retuned to school and shared his joy of being part of the first-ever Hong Kong team to win the Rugby Sevens gold medal in the 2018 Asian Games.

Salom especially emphasized the win over the Japanese team. The Hong Kong team lost to Japan in the finals of the last two East Asian Games, which meant a lot to him. The victory this year made him understand that he had to learn from the defeats and to stand up strong with the challenges ahead.



He thanked the school that led him to the discovery of his passion for rugby when he was at the age of 18. He said he started to love playing rugby because he thought it was an easy task. It was probably his confidence that has made him a legendary sports athlete today in Hong Kong.

Salom believes that goals push us to make progress. He told us what his next goal is – play for Hong Kong at the 2020 Olympic Games in Tokyo. I agree that setting goals for ourselves is crucial for us if we want to achieve what we want. A positive mind and a never-say-die spirit are also essential. We should never be frightened even if there are difficulties ahead.

I hope we all learn from the success of others.

### 4B Chan Ka Hing



### Hiking on Lantau Island

The Excursion Day was held on December 6. Our class teacher Mr. Ip suggested bringing us to enjoy the natural beauty of Lantau Island by taking a hike through some of the stunning scenery.

The class gathered at Tung Chung MTR station early in the morning. Within a few minutes' walk, we arrived at the starting point of the Hong Kong Olympic Trail.

The Hong Kong Olympic Trail is a paved walk that runs over hills and valleys. It is about 5.6 km long and it connects Mui Wo and Pak Mong Village. The trail covers a section of the islands nature heritage trail and is really worth a visit.

The trail passes a few clear streams, a spectacular waterfall and a number of old villages which have been declared monuments.

When we reached the highest point of the trail, we were put around some of the interesting attractions such as Disneyland and City Gate Outlets. Not long after, we finished at Mui Wo, where we had a scrumptious seafood meal before heading back home.

We enjoyed the scenery, each other's company and every fun bit along the way.

#### **4B** Chan Ka Hing



### Learning to Serve on a Flag Day

On 8<sup>th</sup> March, our senior form students took part in flag selling to help raise funds for Fung Kai Care and Attention Home for the Elderly.



My class, 4C, was arranged to go to MOSTown at Ma On Shan. By the time when we arrived there, it was cloudy. We were divided into small groups and followed our teachers to the assigned locations to sell flags. My group was sent to sell flags in a pedestrian tunnel near a shopping centre.

During the flag selling, the boys in my group started to have a competition - who sold the most flags would be the winner. I joined them although I thought this was a childish act. Honestly, it was way more fun than just standing still to sell flags. We



were motivated. We all had the same target—to be the champion. When we were selling flags, we met some adorable children and some elderly people. They were willing to let us put the stickers on their clothes to show that they supported the cause.

I remember a child who asked his parents to give him a five-dollar coin to put into my donation bag. He asked me to put a sticker on his forehead. I told him, 'OK, I will use this magic sticker to seal your naughty soul.' After that, he left me an innocent smile before he walked away with his parents.

The flag selling was quite successful though we did not find out who the winner was. We all knew what was important to us. To me, I learnt to be patient. I knew there were people who would turn me down. But never mind, at least I had tried my best to help those in need.

### 4C Lai Cheuk Ting

### Adventures at Kat O and Ap Chau

A full-day excursion to Kat O and Ap Chau was organized by the District Administration on March 9 (Saturday). Twenty eight students, accompanied by Mr. Leung and Mr. Ip, participated in the tour.

Kat O and Ap Chau are two far-flung islands located in the northeast of Plover Cove Country Park. Getting there is far from easy, but the quiet streets there make it interesting.



The group gathered at Fanling in the early morning and took a coach to Ma Liu Shui, where the daily public ferry to Kat O left. After half an hour, we arrived at our first destination – Kat O.



Kat O Main Street is a oneminute walk from the pier. There were stores selling local dried seafood delicacies. First, we stopped at one of the seafood restaurants and had sumptuous seafood.

After lunch, we started our exploration on the island. To begin with, we attended a workshop on making the traditional Hakka snacks like glutinous rice dumplings and steamed Chinese cakes "Cha Kwo". "I used to have Cha Kwo when I was small at my grandparents' place. The taste of the snacks brings me back to my childhood," Tiffany Wong, 4B, said.

At the end of the street is the village's plaza, where a lovers' tree and ancient cannons stood. We walked into a temple, built in 1763, in front of the sea. It is rich with cultural relics such as an old incense burner. Unfortunately, we did not reach the east coast as it is not easily accessible.

Walking back to the pier, we hopped on the ferry and took a breather. It wasn't long before our next destination in the Hong Kong Geo Park revealed itself. Close to the mainland port Yantian, Ap Chau, which is named because it is shaped like a duck, has just three inhabitants and is the smallest inhabited island in Hong Kong. Therefore, it is a quiet and serene island. There is a path to the peninsula that really looks like a duck's head. The guide gave us a geology lesson during the walk to the duck's head as the island is famous for its rock formations.

Before going back aboard the ferry, we visited the Ap Cau Story Room. The Ap Chau Story Room opened in 2018. It tells the basic information about Hong Kong UNESCO Global Geopark and the unique red breccia, which is rare in Hong Kong. What's more, it illustrates Tanka culture and heritage. It also covers the traditional way of life on Ap Chau by the Tanka people.

On our way back, the captain toured around Yan Chau Tong Marine Park and Hung Shek Mun located on the northeast side



of the New Territories. "It was such an excellent opportunity to explore different parts of Hong Kong," Rachel Liu of 4C commented after the trip. Alice Man from 5C shared that she's



learned about the culture and life of people living on these remote islands while her classmate, Yan Choi-lam, who was also participating, liked the Cha Kwo making workshop most.



After this trip, I really think we should treasure our nature and UNESCO sites at risk from climate change before they disappear. I hope to have the same great experience next year.

### 4B Chan Ka Hing

Below is some information for your reference.

https://www.havnerundfart.dk/canaltours http://saikung.com/adventures-crooked https://www.timeout.com/hong-kong/things-to-do/kat-o https://geoexpat.com/forum/24/thread338527.html http://www.southside.hk/exploring-ap-chau

### https://www.news.gov.hk/eng/2018/04/20180406/20180406\_203148\_806.html

You should first stop by Kat O Geoheritage Centre (142 Kat O Main St) – open every Saturday, Sunday and public holiday (except Lunar New Year) from 10am to 3.30pm. Opened in 2010, it celebrates the island's geology and cultural history (see bit.ly/KatOGeoheritage). You can also take a wander along the Kat O Nature Trail – this short path winds through the villages before heading upwards and finishing up at a pagoda. Look out for the ancient temples, ancestral halls and three corroded cannons along your way.

Kat O is a little island you can hike around in about 30 minutes, with local seafood and sweets to sample and a colourful temple and local history museum to visit.

### **English Festival 2019**

The most memorable activity for all students in March was English Festival. It was held on March 12-14 at school. The purpose of it was to encourage students to learn English in a fun way.

This year, the theme was legends, myths and fairy tales. There were eight game booths, including iPad games, Hopscotch and Bow & Arrow, etc. Let me introduce to you one of the popular games, Hula Hoop. First, you had to throw a bean bag to a hula-hoop, choosing the level of difficulty of questions. Then, the helper asked you the corresponding questions about legends or myths such as Hou Yi, Chang `e, Pandora. If you got 8 stamps on your game card, you could get bonus marks and a gift. How attractive it was!

Book Fair was another interesting event at the festival. Book coupons were given by teachers to the students who did well. Some students could even get books for free when they got enough coupons. In order to get their favorite books, students were all enthusiastic about collecting coupons from teachers.

After the English festival, I have learnt a lot of new knowledge. And the activities at the Festival provided me with an opportunity to speak English more confidently.

Let's see what our schoolmates think about the Festival:

Wendy (1B)	My favourite game was definitely Ring Toss. It was exciting to toss the rings towards the correct column within the time limit.
Lyn (1B)	I liked the iPad Game because this was my first time trying out such a high-tech game! I never thought that I could learn English this way.
Alice (1B)	The shooting game was extremely stimulating. Before, I had no idea what villains were. But I got to know a lot of cool villains in the world at the festival.



1B Lai Yan Tung

### World Book Day: S2 Drama Competition

The drama competition is always one of the most exciting events at our school. This year, it was held on 7 May in our school hall at lunchtime. Five teams of Secondary two students took part in the competition and performed the short story 'The Selfish Giant' by Oscar Wilde.

The drama competition was extremely successful. Each group had a wonderful performance. All the actors and actresses dressed up in lovely costumes and acted out their roles to perfection. The most remarkable part was their story endings as each group needed to make use of their imagination and rewrote their endings. In the end, there were two winning teams for the Best Ending Award.

Most students think this drama competition made them more confident and gave them a chance to show their talents in front of others. At the same time, they are very grateful to their teachers, who spent tremendous effort in training them.

2A Chan Fau



The audience were all engrossed in watching the performance.



Best Actor Choi Kwok Lung from 2B was performing in his costume and unleashing his acting talent on the stage.



Actor and actresses were working cooperatively and striving to do their best in the performance.



Actors and actresses were working happily in a team.

### **OLE Day**

Dear Diary,

I had a 'Kinder Surprise Egg' today. While a traditional, edible one satisfies us in three ways – a milk chocolate egg, a small toy with parts to be assembled and the surprise that comes along when we open the plastic capsule to check out the toy it contains – the '3-in-1 egg' I had today pleased me in far more rewarding ways!

Ha! Ha! Today was actually my school's OLE Day. With the abbreviation referring to other learning experiences, the day is an annual occasion on which all students are given the opportunity to step out of the classroom and explore beyond school textbooks.





The activities come in a bewildering array every year, from paying a visit to an institute of higher education, attending an adventure training camp to doing voluntary work at an old people's home, an orphanage, etc.

This year, all students in my form kicked off the morning with workshops at the Technological and Higher Education Institute of Hong Kong (THEi), an educational institution devoted to providing vocational training that suits the local needs. We had so much fun having a taste of the different areas of study available there.

For example, the workshop I went to was given by the deputy head of the Environmental Engineering and Management department there. After being briefed on what the programme was about and the impact it had on the wider community, we each were given materials to make a model garden that we thought would be the most comfortable for the public. I had not realized such factors as wind direction, the type of bench to be installed and possible facilities for the disabled that we should all take into consideration in the set-up of a park. Although I may not be a landscape architect in the future, the two hours literally had my horizons stretched into a field I was previously unfamiliar with.

Right after lunch, each of the S.4 classes gave service in a different kindergarten. Thank God my classmates all practiced division of labor well. While some of us staged a short drama performance with a simple plot and interesting props to attract the kids' eyeballs, some prepared a mini magic show and some others a bundle of riddles about animals for the little minds to solve. The laughter and smiles on their innocent faces were definitely worth our preparations and endless rehearsals after school!

My heart still fluttered on my way home, thinking over and

over of what we 4th-formers had collectively learnt and done together. I think there is no way better than calling today a Kinder Surprise Egg – a day of learning about a new realm of study, giving back to society by doing voluntary work and, not to our surprise though, so much fun collaborating and doing something meaningful with our beloved classmates. I do look forward to the school feeding us more Kinder Surprise Eggs in LMST form in years to come!

### 4C Ngan Sin Ting

### S1 Words of Appreciation



S1 students learned how to write messages to express their graditude and appreciation to their families, teachers and friends.

### **Rowing around Campus**



To ensure that the competition lived up to professional standards, a spokesperson for the Physical Education department, Mr. Chan Ka-lun said, 'It was a pleasure to have the assistance of Mr. Ip Hon-wah, the teacher in charge of the school's Rowing Team, to offer guidance and brief participants on the rules before the races.'

After a series of heats and finals, S.1D was declared the champion of the junior division for S.1, while the championship for the S.2 and S.3 divisions went to S.2B and S.3B respectively. For senior forms, S.4D took out first prize while S.5D (Group One) triumphed.

This year's Liu Man Shek Tong Indoor Rowing Championships came to a successful conclusion on May 10.

The inter-class championship was organized to promote to the school community the value of doing sport as well as provide an opportunity for the participating rowers to develop self-confidence and a sense of team spirit.

The games, with support from classes from Secondary 1 to 5, successfully drew a record attendance of over 120 student competitors. Teams of four were pitted against each other in sprinting the longest distance in six minutes.



The impressive performance of all participants brought great credit to their hard training. The clapping and cheering of spectators, or more precisely the contestants' classmates, friends and teachers, all added to the excitement of the event.

### 4C Lam Yi On

### S1-S3 Bookmark Design Competition 2019



designed by 2C Ho Ka Yi

# **Features**

### **Speaking of Speaking**



Lee Chun-kit may be common as a name itself, but in the student community at Fung Kai Liu Man Shek Tong Secondary School, it denotes achievements that are far from common.

Being an ordinary S.5 student on the outside – of average build and height with a boyish hairstyle – Lee however demonstrates great talent for public speaking and has held the championship in the Hong Kong Schools Speech Festival for the past three years in a row.

Born and raised in Hong Kong, Lee went to a local primary school with Chinese as the medium of instruction. 'I was not especially confident in speaking in front of an audience, let alone doing so in a second language.'

Lee's flair was not spotted and fully unleashed until he met Mr. Tse Kam-fai in Secondary 3. He trained, under the guidance of his then English teacher, after school almost every day and was eventually encouraged to represent the school in various public speaking competitions.

'In 2016, I tried my hand at the Speech Festival and won first prize. It was a perfect start as I had never imagined I could beat the other strong candidates as a mere novice on the public speaking scene,' recalled Lee. 'It is this first victory that drastically boosted my confidence, which further secured my second win and this third.'

However, Lee once considered quitting this favorite hobby when the preparations – from decoding the topic in depth, searching for and gathering information for a script rich in original yet critical ideas to rehearsing 100+ times for the smoothest delivery – literally took away too much of his time for studying.

'Luckily, I soon came to realize that practice makes perfect.' Lee said. 'It took the longest time to develop my own style. Once you are done with establishing your uniqueness, you will never fail to impress.'

The year 2019 saw even greater triumph for Lee. Other than his main battlefield, the Hong Kong Schools Speech Festival, he also participated in an English public speaking contest organized by the Hong Kong Federation of Youth Groups in February and finally ranked among the top five candidates in the North District.

When asked about the secret to his successive wins, Lee referred to three general principles, 'First, you need to think of a perspective that you believe other people may not be able to come up with. Second, to further stand out, your ideas have to be accompanied by grammatically accurate, clearly articulated and meaningfully manipulated English. Last but not least, as clichéd as it may sound, practice, practice and never stop practicing!'

Despite his achievements, Lee remains humble and is grateful to all people who have helped him get to where he is.



Currently, Lee is preparing for another inter-school public speaking contest to be held at Tin Ka Ping Secondary School in early July. 'This is probably my last competition before I have to focus all my attention on the HKDSE next academic year. I hope I will not disappoint anyone who supports me,' said Lee.

Mr Yeung Wing Tai

### Book Review: Start appreciating yourself from today!

Have you ever worried about your secondary school life? Yes, I have! When I first came to this school, I always wondered what my school life would be like. Will my classmates be kind to me? Are the teachers strict? Can I get used to this new campus? A lot of students have this kind of confusion at the beginning of the school year, so does Greg, the wimpy kid.

Diary of a wimpy Kid is a novel written by Jeff Kinney. This reader is different from normal story books. Befitting a teen's diary, the book is written from the perspective of a 12-year-old boy with lovely drawings and hand-written notes. In the book, Greg goes through his first year of middle school desperately trying to fit in. He wants to stand out as a star and does whatever it takes to be popular, even if it sacrifices his relationship with his best friend Rowley. In the end, Greg has learnt a valuable lesson.

After reading this book, I have learnt that we should be true to ourselves. In order to be accepted by his peers, Greg tends to do things to please others, forgetting what he really wants. As a result, he is not happy with himself, and ends up confused. Moreover, we should know that everyone is different. We have our own personalities, strengths and weaknesses. We don't need to be afraid of being who we are. If we want to be accepted by others, we need to first accept ourselves. You may not be good enough for everybody, but you can always be the best of yourself!

### 2A Li Wing Yi

### **Movie Review: Heidi**



Based on the book of the same name by Swiss author Johanna Spyri, Heidi tells the story of a six-year-old girl, an orphan who lives with her aunt.

When Aunt Dete finds a new job, Heidi is sent to live with her grandfather up in the mountains.

He doesn't like Heidi at first, but he soon warms to her because of her optimistic and cheerful personality. As Heidi settles into her new home in the hills, she makes friends with a young boy named Peter. But good times never last. Three years later, Aunt Dete returns, and sends Heidi away to get an education. She forces her to move to the city to be a companion for a wealthy, paralyzed girl called Clara. Homesick and scared, Heidi must learn to adjust to her new life.

Heidi is an emotional movie. Funny and heartwarming at the same time, this movie has a simple moral: Your home is with the people you love and care about.

2C Ho KA Yi

### Movie Review: Stand by Me Doraemon

3D animated Japanese comedy Stand by Me Doraemon was released in 2015. Based on a well-known cartoon, it is about Doraemon, a cat-type robot from the 22nd century and an ordinary boy called Nobita Nobi. With his secret gadgets, Doraemon comes to the 21st century to help Nobita to find his love.

The part I love the most is the ending. Nobita has finally found his love. Unfortunately, Doraemon has to go back to the 22nd century because he has completed his mission. This is when Nobita realizes that he can't live without Doraemon. However, he must go. Just imagine how hard it is to part with your best friend.

After watching the movie, I was deeply moved. I think this is an excellent movie, since it has taught me a lot. We should cherish everything we have and live in the moment.

Doraemon is my childhood memory. That is why Stand by Me Doraemon is my favorite animated movie. Search and watch online if you haven't seen it. Don't miss this great movie!

2A Peng Ho Kong

# Writing to the press

### Young Post—I say

### I say: When I grow up, I want to be ... 10th September 2018

### #wanderlust

I want to travel around the world. I want to learn about cultures and music in different countries. It will be very exciting, because I am terrible at making friends. I can meet so many different people from around the world while I am travelling.

Ann Liu Yu-tong, 17, Fung Kai Liu Man Shek Tong Secondary School

### I say: If I could live anywhere in the world, I would live in... 8 October 2018

### Under the sea

Under the sea. I would be able to see the marine ecosystems that exist there, including coral reefs, as well as magnificent creatures such as whales, sharks and turtles.

Judy Cheung On-yiu, 15, Fung Kai Liu Man Shek Tong Secondary School

### I say: My biggest fear is ... 15 October 2018

### Back from school days

The days I get my exam results. I don't fear the exam itself but I worry about the grades, because the report card has to be signed by my mum.

Judy Cheung On-yiu, 15, Fung Kai Liu Man Shek Tong Secondary School

### I say: If you could travel into space, which planet would you visit and why? 12 November 2018

### Fly me to the moon

I would love to visit the moon. Every night I see it shining brightly in the sky. During the Mid-Autumn Festival, the moon is especially round and bright. It's a truly beautiful sight. If I had the chance, I would like to go for a walk on the moon.

Andy Ho, 14, Fung Kai Liu Man Shek Tong Secondary School

### I say: If you could have any pet, what would it be and why? 19 November 2019

### Touch of the sea

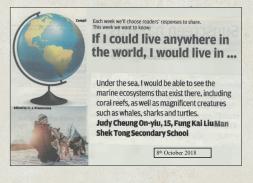
I want a dolphin as my pet. I would go to the seaside every day and it would come and go freely. I would swim alongside my pet and have a great time.

Iris Ho, 14, Fung Kai Liu Man Shek Tong Secondary School



#### Each week we'l choose readers' responses to share. This week our readers answer: When I grow up, I want to be ....

I want to travel around the world. I want to learn about cultures and music in different countries. It will be very exciting, because I am terrible at making friends. I can meet so many different people from around the world while I am travelling. Ann Liu Yu-tong, 17, Fung Kai Liu Man Shek Tong Secondary School









### I Say: If an alien came to Earth, what would you ask it and why? 26 November 2019

### Aliens definitely built the pyramids

I would ask the alien to build a pyramid. Somebody once said they were built by aliens, which is why I would ask them about it. I am very interested in these ancient designs. They are very mysterious. Also, we don't really know who built the pyramids.

Nicole Chan, 14, Fung Kai Liu Man Shek Tong Secondary School

### I say: If I were Chief Executive of Hong Kong, I would ... 3 December 2018

### A city of better learning

I would change Hong Kong's education system because it puts too much pressure on students. I would also build more flats to solve the city's housing shortage.

Fiona Kong, 14, Fung Kai Liu Man Shek Tong Secondary School

### I Say: If I could talk to Chief Executive Carrie Lam Cheng Yuetngor, I would say ... 15 April 2019

### Better welfare system

I would tell her to develop a better welfare system as Hong Kong is getting to be a very expensive city to live in.

Warwick Lai, 16, Fung Kai Liu Man Shek Tong Secondary School

### My Christmas wish is ... 10 December 2018

### Unlimited clothes

My wish this Christmas is to have a magic wardrobe that has unlimited styles I can choose from. There will be a professional fashion matcher inside, too, that can help me pick the perfect outfit to wear every day, so that I can stand out from the crowd.

Iris Ho, 14, Fung Kai Liu Man Shek Tong Secondary School

### I Say: This Easter, I am looking forward to... 21 April 2019

### All the chocolate

I am looking forward to eating chocolate and candy after I finish my homework.

Ivan Lee, 15, Fung Kai Liu Man Shek Tong Secondary School

### Some down time

I am looking forward to just walking around Hong Kong and being with my thoughts.

Iris Ho, 15, Fung Kai Liu Man Shek Tong Secondary School











### I Say: If you could ask Santa one question, you would like to ask ... 17<sup>th</sup> December 2019

### Just a small delay

I would ask him when my gift will arrive. I've waited more than 10 years for my present to come. Please give me one this year, Santa.

Wong Chi-man, 18, Fung Kai Liu Man Shek Tong Secondary School

### I Say: My favourite subject at school is ... 7 January 2019

### English and English teachers

My favourite subject at school is English because it allows me to learn more vocabulary and how to pronounce words correctly. Also, our teacher Ms Ling is very lively, and makes learning English really fun!

Emma Zhu, 14, Fung Kai Liu Man Shek Tong Secondary School

### I say: My role model is ... 20 May 2019

### Fatherly example

My role model is my dad. He can do anything well, and he'll always think of ways to try to improve. I would like to learn this skill from him.

Ivan Lee, 15, Fung Kai Liu Man Shek Tong Secondary School

\*\*\*\*\*\*

### Learn from everyone

My role model is everyone in my life, because everyone who's appeared in my life has a different special purpose that I admire.

Janice Hung, 14, Fung Kai Liu Man Shek Tong Secondary School

### I say: If I could be any animal, I would choose to be... 27 May 2019

### No memory, no worries

I'd choose to be a goldfish because they only remember things that have just happened to them. They have no real worries or concerns.

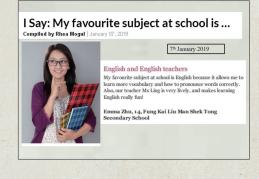
Warwick Lai, 16, Fung Kai Liu Man Shek Tong Secondary School

### I say: If I owned a restaurant, I would serve ... 3 June 2019

### Fishballs: A Hong Kong classic

I'd serve curry fish balls because it's a popular Hong Kong street food. Sam Li, 14, Fung Kai Liu Man Shek Tong Secondary School











### Young Post—Talking Points

## Talking Points: Should parents be allowed to track their children's whereabouts via their mobile phones? 12 September 2018

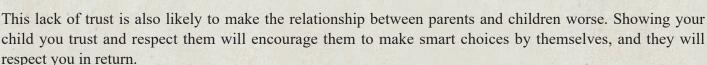
Helen Liu, 17, Fung Kai Liu Man Shek Tong Secondary School

Some people may think that using a GPS tracker to track your child is a violation of privacy, but I don't think so. These things always have advantages and disadvantages. As far as I am concerned, I think this is a good way to keep children safe. Sometimes young people stay out late without telling their parents, and parents need a way of making sure their child is okay. I think safety is more important than privacy.

Cheung Tsz-king, 17, Fung Kai Liu Man Shek Tong Secondary School

I understand that parents are concerned about their child's safety, but is it necessary to invade your child's privacy to ensure their safety?

Tracking their child's whereabouts is a huge violation of privacy. What's more, it's one that some parents might abuse, and use to limit their child's freedom. This feeling of being watched all the time is bound to have a negative impact on young people.



If parents want their children to be safe, it is not that hard to simply build a good relationship so that children confide in their parents and tell them what they are up to.

Toby Fung, 18, Fung Kai Liu Man Shek Tong Secondary School

I don't think parents should be allowed to track their children's whereabouts via their mobile phones, because it robs young people of their freedom and cause them to resent their parents. Why can't parents simply call their children to find out where they are? I am sure that their children would tell them the truth. Parents and young people need to learn how to communicate with one another.

### Talking Points: Should cyberbullying be treated as a crime? 19 September 2018

### Helen Liu, 17, Fung Kai Liu Man Shek Tong Secondary School

The internet has brought a lot of good and a lot of bad to our daily lives. One of the bad things is cyberbullying. As far as I am concerned, it should be treated as a crime. You hear about many people hurting themselves or worse because of online bullying. Many people seem to think that they are not responsible for the hurtful things they say online. That might make them even more aggressive than they usually are in real life. Therefore, I think that cyberbullying should be treated as a crime.

### Talking points: Should Hong Kong close schools the day after a T10?

### 26 September 2018

Judy Cheung, 15, Fung Kai Liu Man Shek Tong Secondary School

A T10 is a very powerful typhoon. Such a storm causes a lot of damage, such as uprooted trees blocking roads. This causes traffic jams. Even bus and train services can be disrupted. Students should get the day after a T10 off and remain where they are safe – in their homes.



Toby Fung 18 Fung Kai Liu Man Shek Tong Secondary School

I think there should not be limits on which political parties are allowed to operate in Hong Kong. We enjoy a lot of freedom in Hong Kong, but placing limitations would hurt this freedom. What's more, the government is supposed to serve the people, so they need to listen to what the public is saying, and take all criticism into account. They cannot simply silence groups who say things they don't like. We need to respect all political parties.

## Talking Points: Should we increase foreign domestic helpers' salary so they can be paid more than HK\$4,520 per month? 14 November 2018

Karen Ho Ka-man, 16, Fung Kai Liu Man Shek Tong Secondary School

I think foreign domestic helpers should be paid more than HK\$4,520 per month. Many parents of children in Hong Kong work, and many often do not finish work before school ends, and they can't pick up their children from school. However, quitting their jobs to take care of their children may not be an option for many parents who need an income to support the family. If we pay helpers more money, then more will want to come to work in Hong Kong, and more Hong Kong parents can work and earn more money, knowing someone will be there to care for their children while they're at work.

### Talking Points: Should Hong Kong become a cashless society? 21 November 2018

Tony Lau, 18, Fung Kai Liu Man Shek Tong Secondary School

Yes – a cashless society would be quicker and more convenient for many people. If you think about it, Hong Kong is already halfway there. We have the Octopus card, which can be used to pay for a lot of goods now. What's one step further? Most Hongkongers are capable of going cashless. They just need that push to get there.

## Talking Points: Should parents be forced by law to give their children a set amount of pocket money each week? 5 December 2018

Alan Leung, 17, Fung Kai Liu Man Shek Tong Secondary School

I don't think so. It should be up to their parents, not the government. The relationship between parents and their children should not be turned into something like that between an employer and an employee.

Parents already have to worry about paying for their children's education, clothes, food, and toiletries, not to mention the rent for their home. Putting such a law in place may only increase the parents' burden.

### Talking Points: What new trick would you like to learn? 7 December 2018

Kobe Lo, 16, Fung Kai Liu Man Shek Tong Secondary School

Game master

The thing I want to learn most is how to create mobile games. A lot of people, including me, play games in our spare time, but not many know how to make them. If I could learn, I would design a game that everyone would like to play.

I would be so proud if I could do that.

### Talking Points: Should Hong Kong introduce a 'zero homework' policy?

### **12 December 2018**

Chan Miu-chi, 18, Fung Kai Liu Man Shek Tong Secondary School

Definitely. It's in children's nature to play. Homework can give children a lot of stress which can negatively affect their mental health. Students can still revise for tests in class, and that way they can just rest and relax when they return home.





## Talking Points: Should parents be allowed to track their children's whereabouts via their mobile phones? 2 January 2019

Angela Law, 17, Fung Kai Liu Man Shek Tong Secondary School

I don't think so. If this were allowed children would lose their privacy. Children shouldn't feel like they are constantly being watched. Parents should let them roam free.

Alan Leung, 17, Fung Kai Liu Man Shek Tong Secondary School

I think that parents should be allowed to track their children if they are under 12 years old so that they can make sure they are not anywhere dangerous. However, I don't think they should track them once they are teens. They should trust that their children are responsible enough to stay safe and their privacy needs to be respected.

Kelly Lam, 17, Fung Kai Liu Man Shek Tong Secondary School

Certainly not! Everyone should have the right to privacy, even children. If parents really want to know their children's location at all times to make sure they are safe, they should ask for their child's permission first.

### Talking Points: Is it a school's responsibility to care for a student's well-being? 9 January 2019

Seth Suen, 19, Fung Kai Liu Man Shek Tong Secondary School

I don't think so. I think it's the students' responsibility to care for their own well-being. Of course, they should be able to ask for help from their teachers or a counsellor, but they need to be the ones who seek help for themselves.

Kelly Lam, 17, Fung Kai Liu Man Shek Tong Secondary School

Yes, definitely! Schools must be responsible for the well-being of their students. Students spend so much time at school, and if they are unhappy all the time, that's something they can't just ignore.

### Talking Points: Should it be compulsory to recycle in HK? 19 April 2019

Fiona Kong, 14, Fung Kai Liu Man Shek Tong Secondary School

I think we should be recycling, and it should be made compulsory if that's what it takes to get everyone to do it. If we don't we will soon run out of space for all our rubbish. It would really help the planet if we all recycled.

### Young Post—Top 10

### **Colours of the rainbow 14 September 2018**

We asked our readers what colour they would want the world to be, if everything was only colour.

### Green with envy

I would choose green. There are so many shades of green, such as jade green, lime green, and grass green. Every hue has its own unique meaning. To me, jade green is the colour of trust and confidentiality. Lime green represents youthfulness and playfulness, and grass green symbolises self-confidence, security, and nature. Green is also a super easy colour on our eyes, and has even been said to be able to improve vision!

Queenwin Hau, 14, Fung Kai Liu Man Shek Tong Secondary School

### Got the blues?

If everything in the world had to be one colour, I would definitely choose blue. Blue is the colour of the vast sky and the glittering sea. Whenever I see blue, I feel cool and relaxed. That's why I would be happy to have blue to be the only colour in the world.

Scarvia Cheng, 15, Fung Kai Liu Man Shek Tong Secondary School





### Something settle to the stomach... 28 September 2018

This week, we asked our readers about their favourite thing to eat when they're ill.

I like to have chicken soup when I'm feeling ill, but I think I'm always in the mood for this soup no matter what. I can drink five bowls of soup every day. When I'm sick, I only want to have things I really love. Chicken soup is full of nutrients, and is also an excellent source of fluid and electrolytes, and can help my weak body get stronger.

### Hilda Wu, 15, Fung Kai Liu Man Shek Tong Secondary School

Whenever I'm feeling sick, my mum makes me congee, that thick rice porridge that is sometimes prepared with vegetables and meat. Congee warms up the digestive system, especially the spleen and stomach, and can also improve one's ability to sleep well. It's easy to cook, easy to digest, and it can be made savoury or sweet. Who doesn't like congee?

Simon Leung Man-kit, 16, Fung Kai Liu Man Shek Tong Secondary School

### Celebrating star tutors 5th October, 2018

### All-round skills

There are many good teachers in my school, but Mr Ip is my favourite. He has been my class teacher for two years. He always tells jokes and makes us laugh. He also has his serious side because he talks about the philosophy of life. In addition, he is a very good maths teacher; thanks to him, my grades have improved.

Teresa Wu Yuen-kan, 15, Fung Kai Liu Man Shek Tong Secondary School

### Feelin' under pressure 12 October 2018

We asked our readers what the biggest pressure facing Hong Kong students is.

### Instant adult

Hong Kong students are expected to grow up overnight. Today, you are a secondary school student. You are loved and protected. Then suddenly, you graduate, and have to enter the world of work. You can't express your emotions. Your boss doesn't care if you have a mental illness. They'll make you go into work even during a Typhoon 10. And you haven't been prepared for any of it.

Tony Lau, 17, Fung Kai Liu Man Shek Tong Secondary School

### You read my mind! 19 October 2018

### Animal whisperer

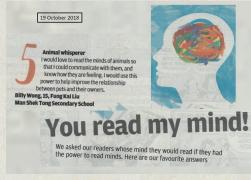
I would love to read the minds of animals so that I could communicate with them, and know how they are feeling. I would use this power to help improve the relationship between pets and their owners.

Billy Wong, 15, Fung Kai Liu Man Shek Tong Secondary School









### A time for thanksgiving 23 November 2018

We asked our readers: What are you most grateful for?

#### Health is wealth

What I appreciate most is that I have a healthy body, especially in a world where there are countless people born with diseases that cause them to suffer or die young. I am grateful that I'm able to study, play, and do whatever I want to do.

Sandy Ling, 14, Fung Kai Liu Man Shek Tong Secondary School

#### What do you love the most about Hong Kong? 16 November 2018

We asked our readers: What is your favourite thing about living in the 852?

#### Mad about milk tea

I would have to say milk tea. The city is known for its food, but I think our milk tea is really special. The way it is made is even listed as an item of intangible cultural heritage!

Hailey Ngan, 15, Fung Kai Liu Man Shek Tong Secondary School

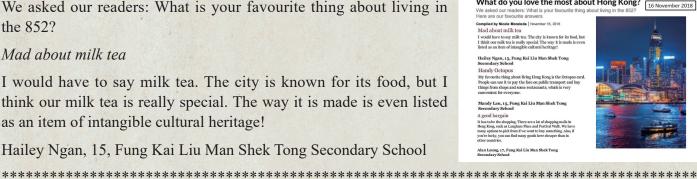


A time for thanksgiving

We asked our readers: What are you most grateful for? Here are our favourite answers

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Health is wealth appre



#### Handy Octopus

My favourite thing about living Hong Kong is the Octopus card. People can use it to pay the fare on public transport and buy things from shops and some restaurants, which is very convenient for everyone.

Mandy Lau, 15, Fung Kai Liu Man Shek Tong Secondary School

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#### A good bargain

It has to be the shopping. There are a lot of shopping malls in Hong Kong, such as Langham Place and Festival Walk. We have many options to pick from if we want to buy something. Also, if you're lucky, you can find many goods here cheaper than in other countries.

Alan Leung, 17, Fung Kai Liu Man Shek Tong Secondary School

#### My forever outfit 18 January 2019

We asked our readers: If you could only wear the same outfit for the rest of your life, what would you wear?

#### Who cares about looks

If I had to wear one thing for the rest of my life, I would chose my most comfortable pyjamas. I think feeling comfortable is much more important than looking good.

Gigi Chan, 18, Fung Kai Liu Man Shek Tong Secondary School



### Filled with love 10 May 2019

We asked our readers: If you could bake a special pie for your mum, what would you fill it with?

### Made just for her

I'd make my mum a durian pie. The rest of my family members don't like the fragrant fruit; only she likes it. So, if I filled the pie with durian, she would know that I made it especially for her.

Anson Wen, 15, Fung Kai Liu Man Shek Tong Secondary school

### Help for the day 17 May 2019

We asked our readers: If you had a robot for the entire day, what would you ask it to do?

### Cook dinner

I'd ask my robot to cook dinner for my family. My mum and dad usually don't have time to cook for me and we often go out for fast food. I would like to have a home-cooked meal and eat it together with my parents.

Sin Yi-ho, 15, Fung Kai Liu Man Shek Tong Secondary School

### A handy phrase 24 May 2019

We asked our readers: If you could instantly learn how to say one phrase in every language, which would you pick?

### Safety first

I'd want to be able to say "Be careful". There are many moments in life when we need to warn someone to be careful. For example, when crossing a busy road, you might need to tell someone to watch out for cars. This is why it's important to know how to say this phrase in all languages.

Jasmine Shum, 15, Fung Kai Liu Man Shek Tong Secondary School

### Show me the money

I'd like to know how to ask how much something costs in every language. This would be very useful when travelling, as you'd be able to buy souvenirs and food. You could definitely get by in a foreign country knowing how to ask this one question.

Jacky Cheung, 15, Fung Kai Liu Man Shek Tong Secondary School

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### Young Post—Letters to the Editor

### Pass on the heritage

I am writing in response to the letter "Dying language" (Young Post, September 7).

With the death of a language, the world loses a unique communication tool and a cultural treasure. That's why governments need to do more to promote the use of mother tongues.

I think that people should encourage children to speak their mother tongue as they grow up, and help pass it from one generation to another.

Wing Hau, Fung Kai Liu Man Shek Tong Secondary School

### Scmp—Opinion

### Telling teachers to police bullies not the answer

What is the purpose of schools reporting bullying cases to the Education Bureau?

Does the bureau have enough manpower to look into each case of bullying? If not, are there any plans or policies on how to handle these reports?

I believe schools will handle bullying cases appropriately if made aware of them, but it's not possible to require teachers to police schoolyards. For its part, the Education Bureau should establish guidelines to help school handle such cases instead of asking that they be reported.

Schools should not ne penalised for not reporting bullying. It is enough for schools to follow set guidelines in these cases.

### Joanna Tsang, Sheung Shui

### Schools should tell authorities about bullying

I would like to respond to the letter "Counselling the best approach to school bullies" (November 28). Although the writer notes that stiff punishments may not deter bullies, I think schools should report bullying to the Education Bureau.

If schools don't handle cases of bullying well, bullied children may develop mental health problems such as depression, anxiety and loneliness, which may continue into adulthood.

One study found that bullied English children were 70 per cent more likely to experience depression or practice some form of self-harm than children who suffered child abuse.

How schools deal with bullying may vary, and might not have the expected deterrent effect.

Reporting these cases to the Education Bureau will show would-be bullies that the consequences are serious.

### Wing Hau, Sheung Shui

# Credits

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