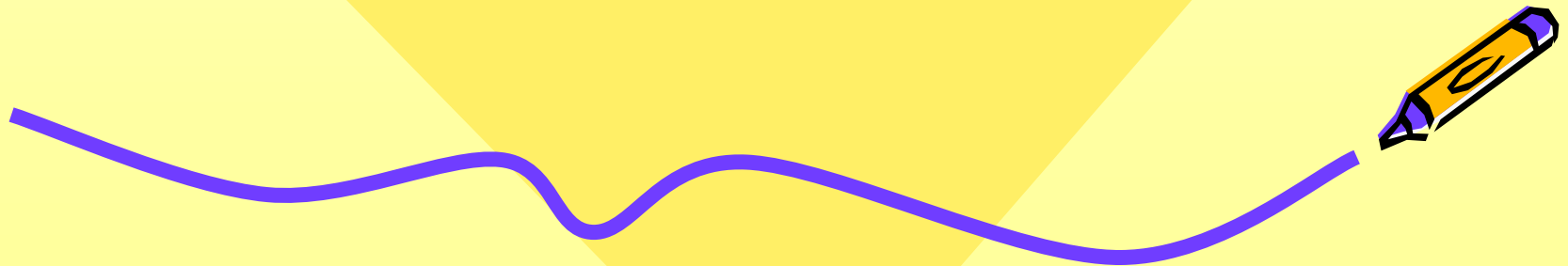
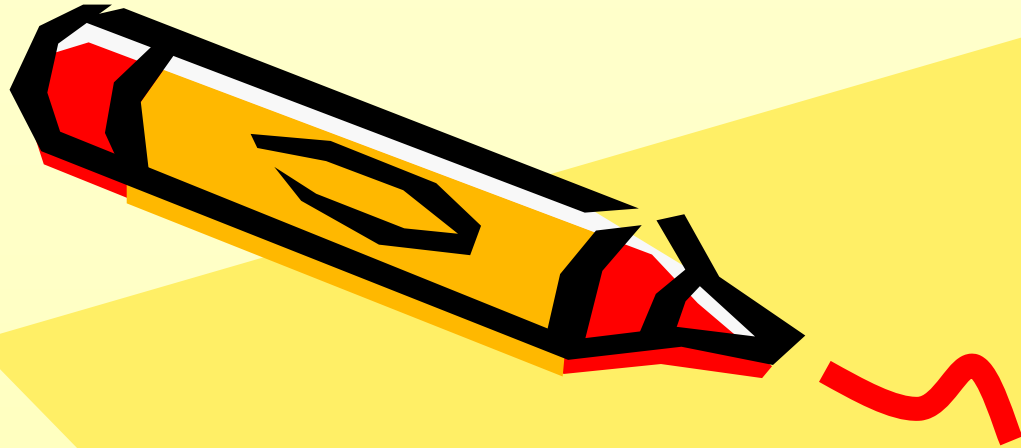
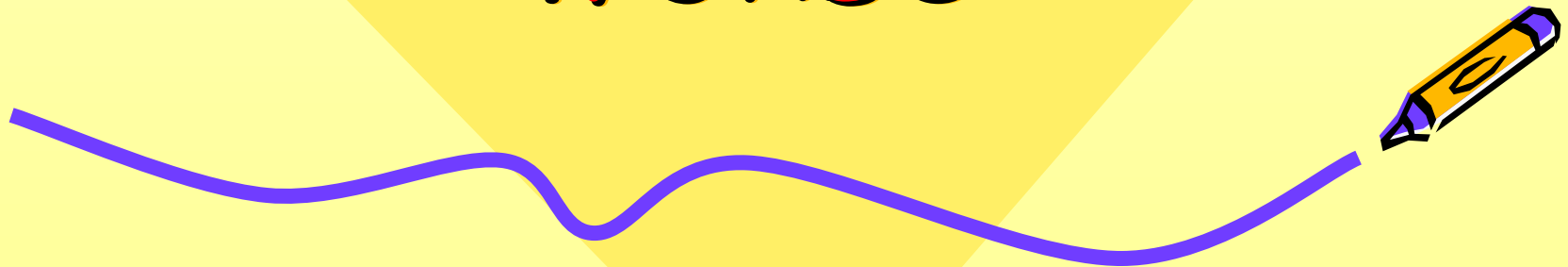


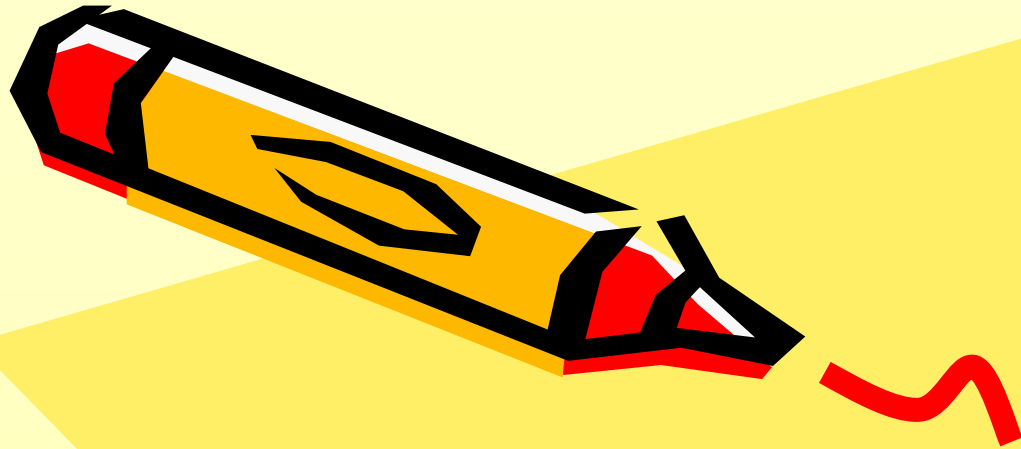
YOUR BODY SPEAKS



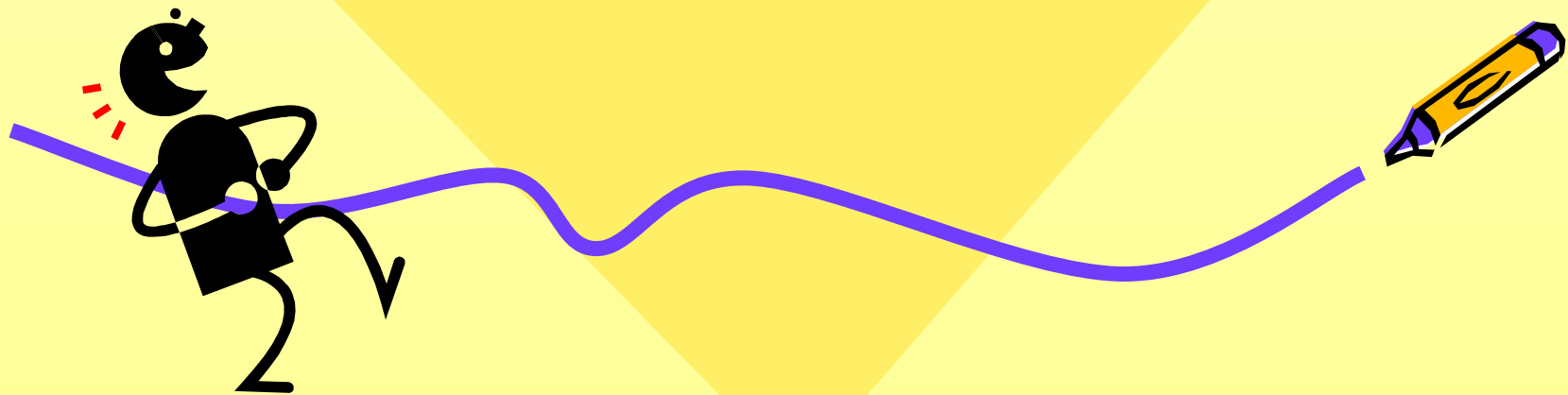


ACTIONS
SPEAK LOUDER THAN
WORDS

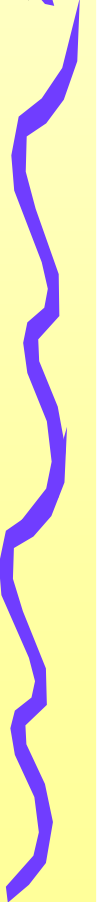




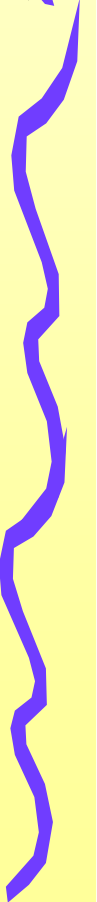
BENEFITS OF EFFECTIVE PHYSICAL ACTION



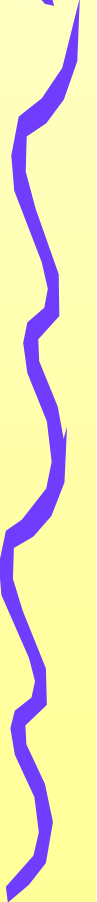
1. IT MAKES MESSAGES
MORE MEANINGFUL
AND MEMORABLE

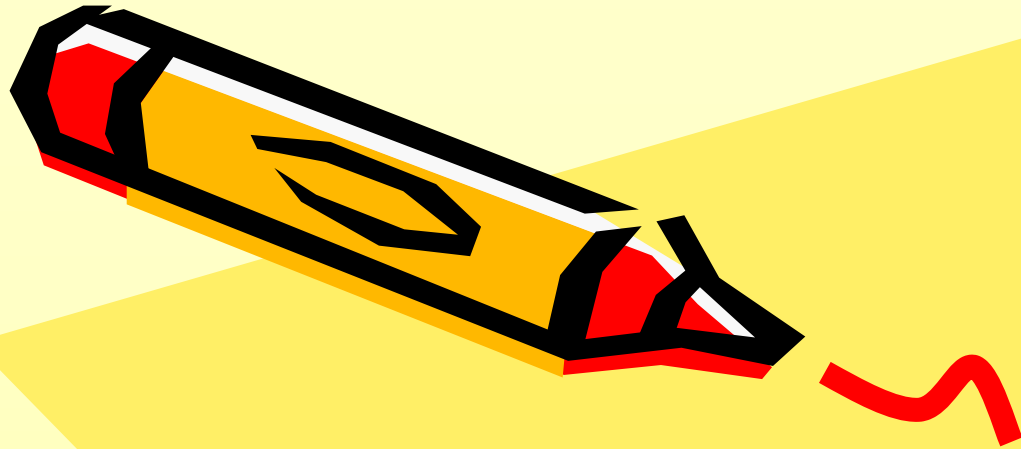


2. IT ADDS PUNCTUATION
TO YOUR SPEECHES

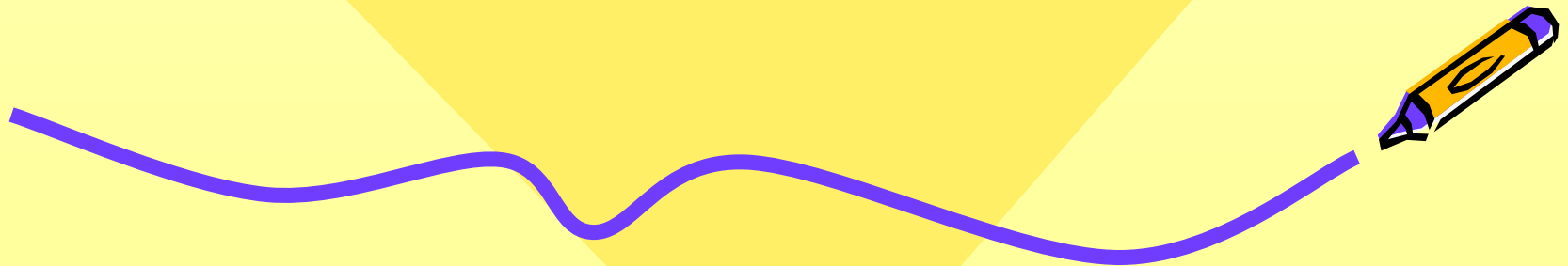


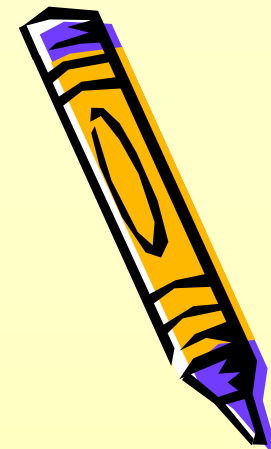
3. IT HELPS RELIEVE
NERVOUS TENSION





1 2 3 ACTION now



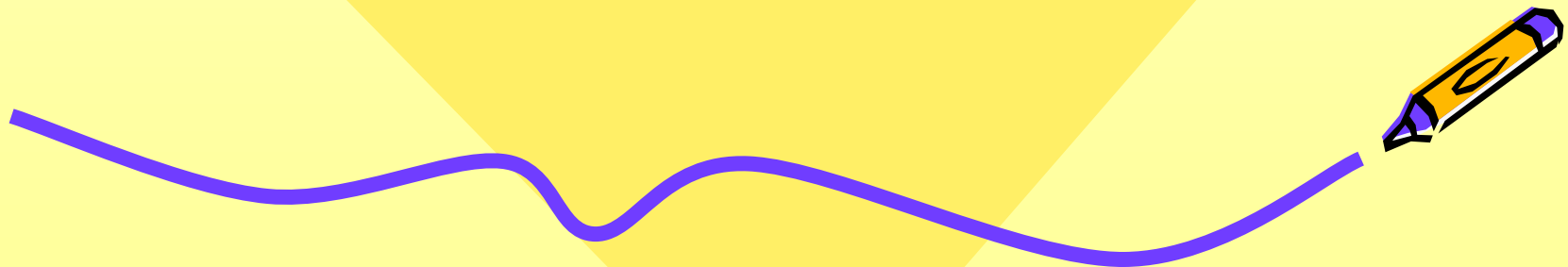


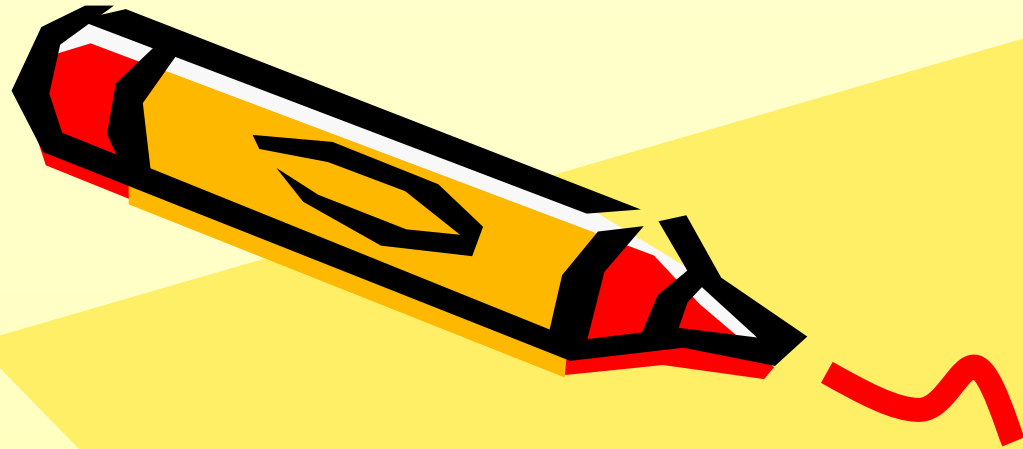
One Smile
Two Hands
Three Ways
(Be natural, Be confident,
Be yourself)



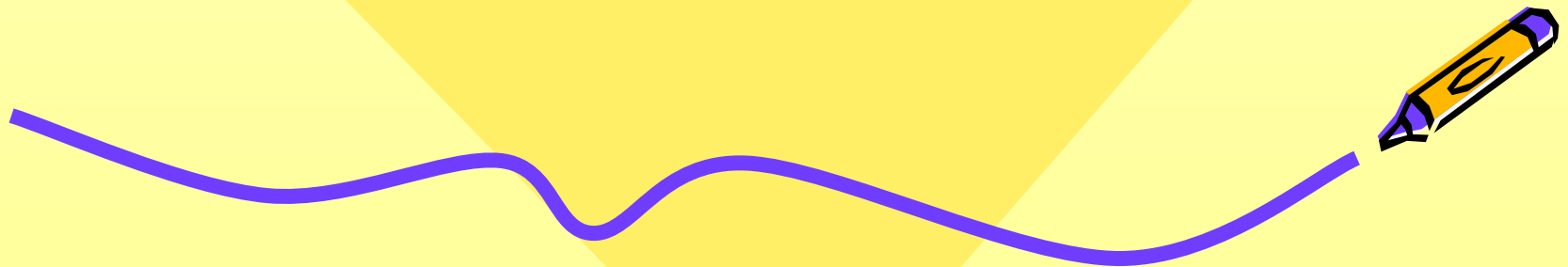


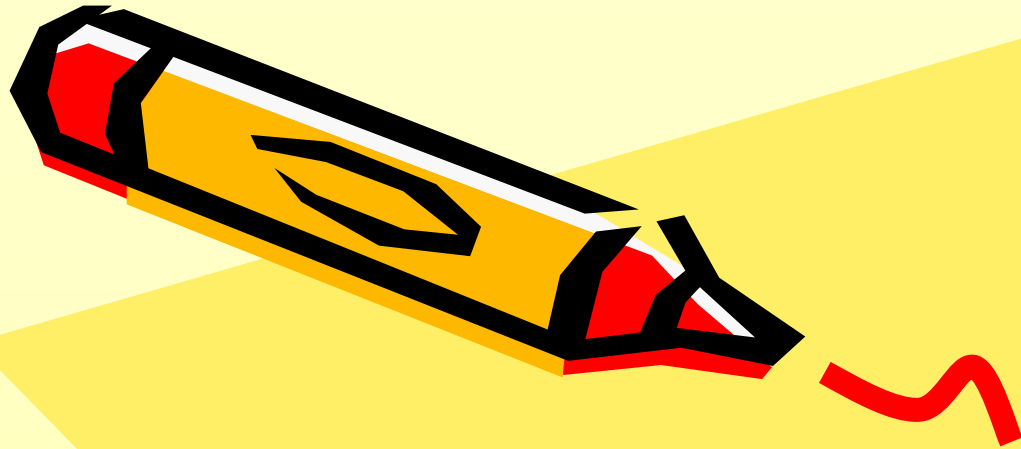
Practice NOW!



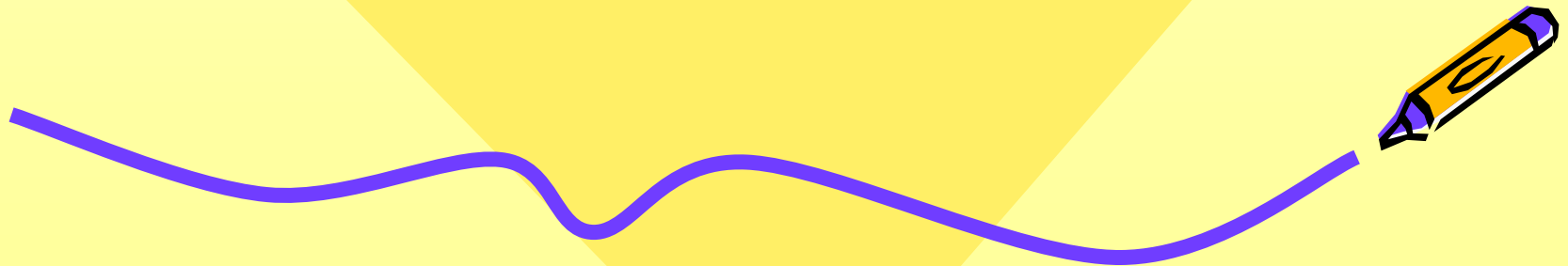


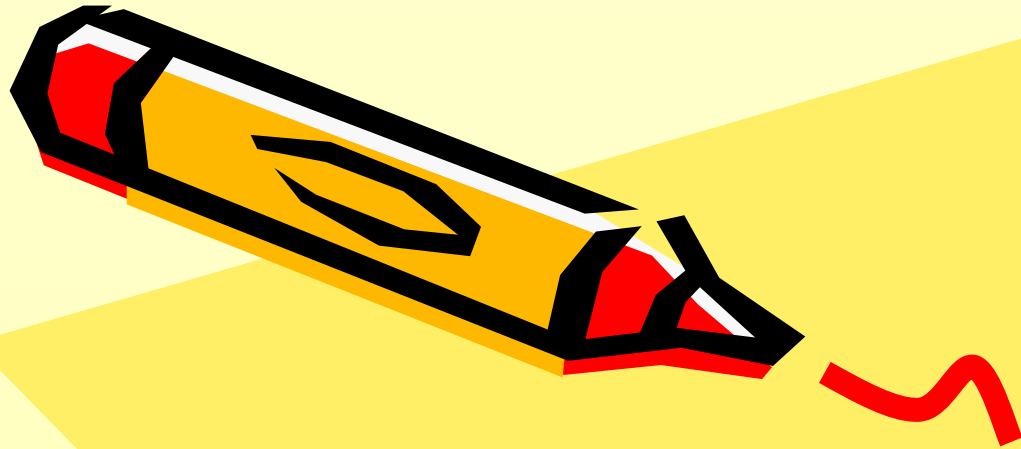
GESTURES



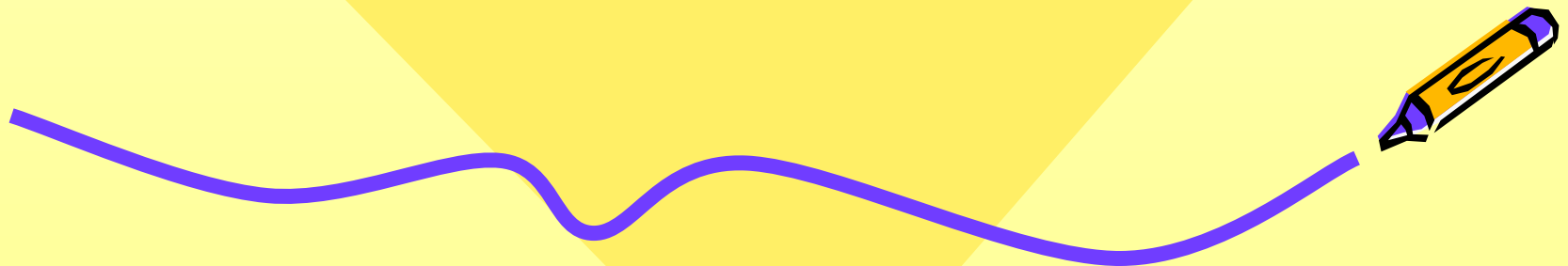


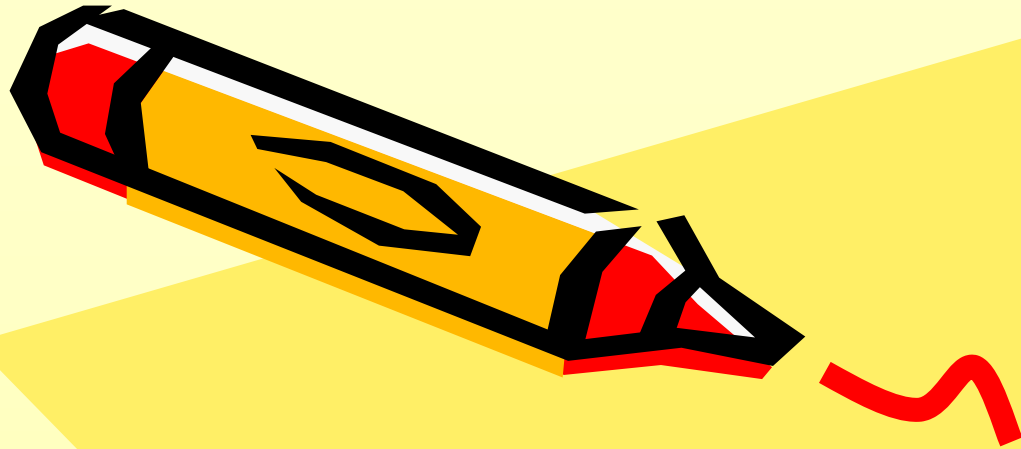
BODY MOVEMENT



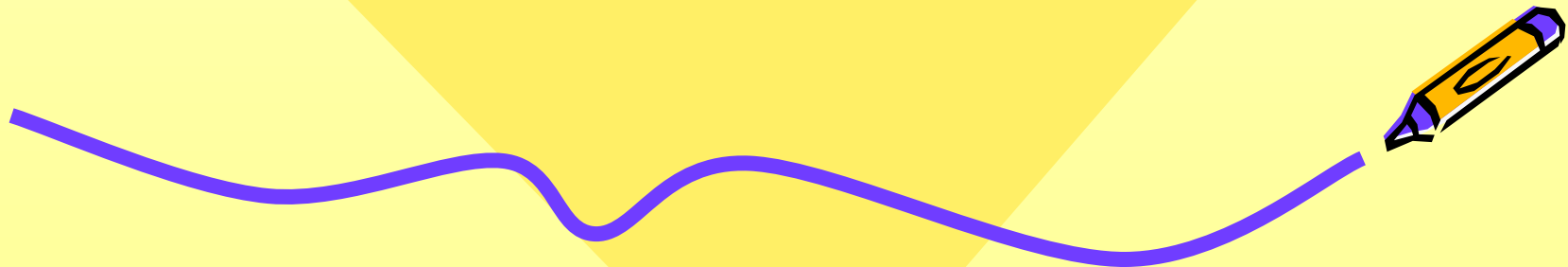


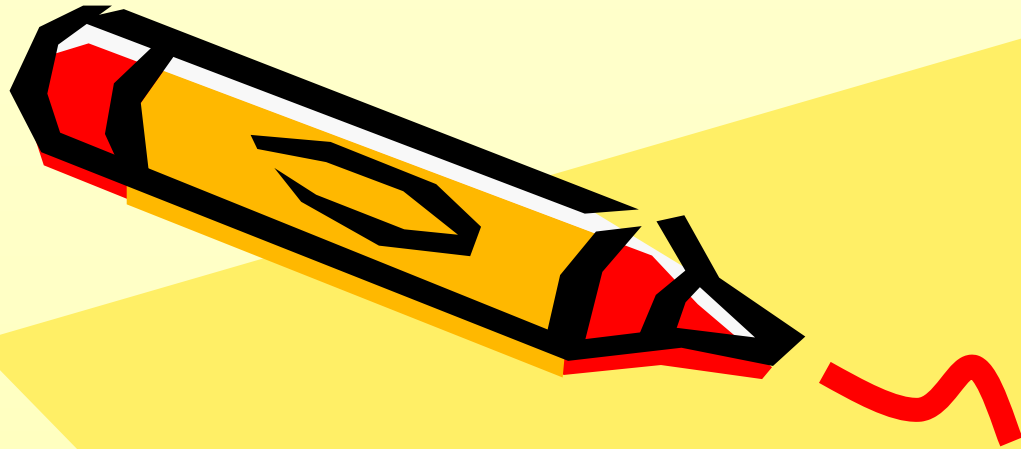
FACIAL EXPRESSION





EYE CONTACT





The End

