

# Morning News Reading

- **Date:** 29<sup>th</sup> September, 2015
- **Article:** C6, City, SCMP
- **Headline:** Healthy living trend takes roots in the city
- **Class:** 6B + 6C

# Reading Time

You have 6 minutes

# Vocabulary

- 1. pop up (phr. V.)
- 2. mindfulness (n.)
- 3. bursting (adj.)
- 4. sustainability (n.)
- 5. advocate (n.)
- 6. conscious (adj.)

## IR Question

**Do you lead a healthy living lifestyle?**

**Preparation: 4 minutes**

**Sharing: 2 minutes EACH**

# Collocation

1. to take root
2. To pave the way
3. To raise awareness
4. To bear consequences
5. To uncover the truth
6. To get a boost

# Useful terms / phrases

- Personal wellness
- Global sustainability
- Greenwashing