

Morning News Reading

- **Date:** 25th September, 2015
- **Article:** City “C1” – 40 pc of pupils suffer stress as new term begins
- **Class:** 6A + 6C

Reading Time

You have 6 minutes

Vocabulary

- 1. fatigue (adj)
- 2. insomnia (n)
- 3. psychiatry (v)
- 4. persist (v)
- 5. exorbitant (adj)

IR Question

As a DSE candidate, how do you balance your work and life?

Preparation: 4 minutes

Sharing: 2 minutes EACH

Useful arguments

1. Exorbitant housing costs
2. Lack of social mobility
3. Negative perception of young people in society

Useful phrases

- To resort to... (as a way out)
- XXX is the last resort
- Can't take it anymore
- as a result.
- ...lead(s) to copycat behaviour
- to seek mental health assistance
- To ease pressure and anxiety
- To catch up with + sth.