

Good morning everybody.

If I ask, “Do your parents expect too much of you?” I’m sure many of you will say yes. If we fail, they will say “You should have done better.” If we pass, they will say “You can do better next time.” When it comes to vocabulary learning, we can’t just spell common animals like tigers and lions, or parents would expect us to know everything from alligator to zebra.

Our parents’ unrealistic expectations all start right from the day we were born. Life is a race. If we can crawl, learn to walk. If we can walk, try to run quickly. What’s next? Swim like a fish or possibly fly like a bird? They can always spot children better than us and say “See? They are doing great! Can you?” They feel both envious and nervous at the same time.

Our parents would not believe that everyone is number one. There is only ONE number one and they want us to be a star in one way or another. They somehow believe that we are very promising. If they push us harder and further, we can do better. That’s why we are always under stress for success.

Is there a way out? Try to Google the key words “dolphin parenting” and find some inspiring articles. Share both the articles and your thoughts and feelings. Help them know more about the harm of unrealistic expectations. Meanwhile, we have to make them believe we can learn in our own way and at our own pace. Success will come finally and naturally.

Thank you.