

Morning Reading (18.12.2014)

**Read today's editorial titled
"Eat healthy to stay healthy"
(OPINION A16 SCMP 18.12.2014)**

Teacher: TKF

Classes: 6A + 6B

**Read today's editorial titled
"Eat healthy to stay healthy"
(A16 OPINION)
Today's IR Question**

- 1) Name TWO problems with HK people's lifestyles and eating habits.**
- 2) Do you think taking health supplement can improve our health?**

Today's Language Focus

1. adage (n.) = saying	6. Deficiencies (n.)
2. stand in the way (phr.)	7. osteoporosis (n.)
3. commended (p.p.)	8. come as a surprise (phr.)
4. intakes (n.)	9. nutrient supplement (phr.)
5. well documented (phr.)	10. cliché (n.)